

ACADEMY

BISTRO



Breakfast

8:00 AM - 11:00 AM

BREAKFAST SANDWICH: \$5.50

Soft brioche bun, egg, ham and cheddar cheese.

HASHBROWN SKILLET: \$3.50

Potatoes, red peppers and onion (GF, DF)

SMOOTHIES: \$7

Mixed berries, yogurt and orange juice. (GF)

YOGURT PARFAIT: \$5

Vanilla yogurt, berry compote and gluten free almond granola. (GF)

BAKERY ITEMS: \$1 - \$4

GF - Gluten Free

DF - Dairy Free

Lunch

12:00 PM - 1:30 PM

BISTRO SANDWICH: \$6.50

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle.
(GF - available with pre-order)

BURRITO BOWL: \$12

Add chicken for \$2
Rice, corn, bean and tomato salad, sautéed peppers and onions, guacamole, tortilla chips, salsa & sour cream. (GF)

GRILLED CHEESE: \$6

CAESAR SALAD: \$7

ADD CRISPY OR GRILLED CHICKEN FOR \$3
Romaine lettuce, parmesan cheese, croutons and caesar dressing.

HAND ROLL: \$5

Nori wrapped sushi rice, carrots, cucumber, red cabbage and green onion.
Served with sriracha mayo and soya sauce. (GF, DF)

FRENCH FRIES: \$6

VEGETABLE CUP & DIP: \$4 (GF)

VEGETARIAN SPRING ROLLS: \$5

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

www.academybistro.ca

ACADEMY

BISTRO



MAY LUNCH SPECIALS

www.academybistro.ca



academybistro

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Mac & Cheese \$8.00	2 Póke Bowl \$12.00	3 Póke Bowl \$12.00	4 Chicken Enchilada \$12.00	5 Chicken Enchilada \$12.00	6
7	8 Mac & Cheese \$8.00	9 Chicken Alfredo \$12.00	10 Chicken Alfredo \$12.00	11 Calzones & Caesar \$12.00	12 Calzones & Caesar \$12.00	13
14	15 Perogy Meal \$12.00	16 Perogy Meal \$12.00	17 Chicken Fingers & Fries \$12.00	18 Chicken Fingers & Fries \$12.00	19 Cafeteria Closed	20
21	22 Cafeteria Closed	23 Greek Salad & Chicken Skewers \$12.00	24 Greek Salad & Chicken Skewers \$12.00	25 Sliders & Fries \$12.00	26 Sliders & Fries \$12.00	27
28	29 Mac & Cheese \$8.00	30 Nachos \$12.00	31 Nachos \$12.00			