



2024 SMA Cross Country Practices & Meets

Please email or call Mr. Danyluk, ddanyluk@smamb.ca
or 204-478-6038, to advise of your interest in participating.

August 31 at 10:00 am at Westview (Garbage Hill)

September 3, 4, 5 and 6 at 7:15am at SMA

September 7 at 10:00 am at Westview (Garbage Hill)

September 9, 10, 11, 12 and 13 at 7:15 am at SMA

September 14 at 10:00 am at Westview (Garbage Hill)

September 16, 17, 18, 19 and 20 at 7:15 am at SMA

September 21 at 10:00 am at Westview (Garbage Hill)

September 23, 24, 26 and 27 at 7:15 am at SMA

September 28 at 10:00 am at Westview (Garbage Hill)

September 30 ROYOD Truth & Reconciliation

October 1, 2, 3, and 4 at 7:15 am at SMA

October 4 Senior team meeting at 12:40 pm

October 5 at 10:00 am at Westview (Garbage Hill)

October 7 and/or 8 long easy run or cross train on your own

October 9 Leave for Prairie Mountain, MB — from St. Paul's High School

Pembina Trails Athletic Association & West Winnipeg Athletic Conference Cross Country Meets

Senior Meet

September 12 at 3:40 pm at Labarrierre Park

Junior Meet

September 18 at 12:45 pm at Kings Park

Senior Meet

September 19 at 3:40 pm at Labarrierre Park

Junior Meet

September 25 at 12:45 pm at Kings Park

Junior Provincial Championship & Senior High Meet

September 25 at 12:00 pm at Labarrierre Park

Senior Meet

October 1 at 3:40 pm at Labarrierre Park

PTAA Junior Championship Meet

October 3 at 12:45 pm at Labarrierre Park

MHSAA Provincials

October 9 All Day at Prairie Mountain, MB