

## 2025 SMA Cross Country Practices & Meets

Please email or call Mr. Danyluk, [ddanyluk@smamb.ca](mailto:ddanyluk@smamb.ca)  
or 204-478-6038, to advise of your interest in participating.

**August 30** at 10:00 am at Westview (Garbage Hill)

**September 2, 3, 4, and 5** at 7:15am at SMA

**September 6** at 10:00 am at Westview (Garbage Hill)

**September 8, 9, 10, 11, and 12** at 7:15 am at SMA

**September 13** at 10:00 am at Westview (Garbage Hill)

**September 15,16, 17, 18, and 19** at 7:15 am at SMA

**September 20** at 10:00 am at Westview (Garbage Hill)

**September 22, 23, 24, 25 and 26** at 7:15 am at SMA

**September 27** at 10:00 am at Westview (Garbage Hill)

**September 29** at 7:15am at SMA

**September 30** ROYOD Truth & Reconciliation

**October 1, 2, and 3** at 7:15 am at SMA

**October 3** Senior team meeting at 12:40 pm

**October 4** at 10:00 am at Westview (Garbage Hill)

**October 5 and/or 6** long easy run or cross train on your own

**October 8** Leave for **(TBD)** from St. Paul's High School

## Pembina Trails Athletic Association & West Winnipeg Athletic Conference Cross Country Meets

### Senior Meet

September 11 at 3:40 pm at Labarrierre Park

### Junior Meet

September 18 at 12:45 pm at St. Vital Park

### Senior Meet

September 18 at 3:40 pm at Labarrierre Park

### Junior Provincial Championship & Senior High Meet

September 24 at 12:00 pm at Labarrierre Park

### Junior Meet

September 30 at 12:45 pm at St. Vital Park

### Senior Meet

October 2 at 3:40 pm at Labarrierre Park

### PTAA Junior Championship Meet

October 7 at 12:45 pm at Labarrierre Park

### MHSAA Provincials

October 8 All Day at **(TBD)**

