

ACADEMY

BISTRO



Breakfast

AVAILABLE UNTIL 11 AM

BREAKFAST SANDWICH: \$5.50

Soft brioche bun, egg, ham and cheddar cheese

HASHBROWN PATTY: \$2.00

SMOOTHIE: \$8

Mixed berries, yogurt and orange juice

YOGURT PARFAIT: \$5

Vanilla yogurt, berry compote and
gluten free almond granola

Bakery

CHOCOLATE CHIP COOKIE: \$1

CROISSANT: \$3.50

APPLE STRUDEL: \$3.50

PRETZEL: \$4, ADD DIP FOR \$1

Lunch

BISTRO SANDWICH: \$7.00

In-house made pretzel bun, ham or turkey,
lettuce, tomato and pickle

COMBO: \$3.50 (SIDE FRIES + CANNED DRINK)

BURRITO BOWL: \$12

ADD CHICKEN FOR \$2

Rice, corn, bean and tomato salad, sautéed peppers and
onions, guacamole, cheddar cheese
tortilla chips, salsa & sour cream

GRILLED CHEESE: \$5.50

COMBO: \$3.50 (SIDE FRIES + CANNED DRINK)

CAESAR SALAD: \$7

ADD CRISPY OR GRILLED CHICKEN FOR \$3

Romaine lettuce, parmesan cheese,
croutons and caesar dressing

HAND ROLL: \$5

Nori wrapped sushi rice, carrots,
cucumber, red cabbage and green onion.
Served with sriracha mayo and soya sauce

FRENCH FRIES: \$6

VEGETARIAN SPRING ROLLS: \$5

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

www.academybistro.ca

OCTOBER

LUNCH SPECIALS

SUN	MON	TUE	WED	THU	FRI	SAT
01	02 Mac & Cheese \$8.00	03 Cafeteria Closed	04 Teriyaki Bowl \$12.00	05 Chicken Caesar Wrap & Fries \$12.00	06 Chicken Caesar Wrap & Fries \$12.00	07
08	09 Cafeteria Closed	10 Nachos \$12.00	11 Butter Chicken & Samosa \$12.00	12 Sliders & Fries \$12.00	13 Sliders & Fries \$12.00	14
15	16 Mac & Cheese \$8.00	17 Burrito & Taters \$12.00	18 Crispy Chicken Udon Noodles \$12.00	19 Crispy Chicken Udon Noodles \$12.00	20 Cafeteria Closed	21
22	23 Mac & Cheese \$8.00	24 Quesadilla & Tortilla Chips \$12.00	25 Pork Pansit & Spring Rolls \$12.00	26 Chicken Fingers & Fries \$12.00	27 Chicken Fingers & Fries \$12.00	28
29	30 Mac & Cheese \$8.00	31 Chicken Enchiladas & Tortilla Chips \$12.00				

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