

ACADEMY

BISTRO



Breakfast

8:00 AM - 9:00 AM

BREAKFAST SANDWICH: \$4

Soft brioche bun, egg, ham and cheddar cheese.

SMOOTHIES: \$4

Mixed berries, yogurt and orange juice.

Mango, pineapple, kale and coconut milk.

YOGURT PARFAIT: \$3.50

Vanilla yogurt, berry compote and gluten free almond granola.

CROISSANT: \$2.50

Lunch

12:00 PM - 1:30 PM

BISTRO SANDWICH: \$5

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle.

**GRILLED CHEESE AND
OLD DUTCH CHIPS: \$5**

CAESAR SALAD: \$5

ADD CRISPY OR GRILLED CHICKEN FOR \$3

Romaine lettuce, parmesan cheese, croutons and parmesan dressing.

HAND ROLL: \$3.50

Nori wrapped sushi rice, carrots, cucumber, red cabbage and green onion. Served with sriracha mayo and soya sauce.

FRENCH FRIES: \$4.50

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

Take Home Dinners

WEDNESDAY ONLY

PICK-UP BETWEEN 3:00 PM AND 5:00 PM

February 3: Chicken Enchilada Meal

February 10: Spaghetti and Turkey Meatball Meal

February 17: Spanakopita & Greek Salad Meal

February 24: Shepards's Pie & Garden Salad

Visit academybistro.ca/online-ordering to order and for pick-up instructions.

FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
	1 Feature Sandwich Chips \$6	2 Tuna Poke Bowl \$8	3 Tuna Poke Bowl \$8	4 Poutine \$8	5 Poutine \$8	6
7	8 Burger and Fries \$8	9 Burger and Fries \$8	10 Steamed Pork Bun Sesame Ginger Salad \$8	11 Steamed Pork Bun Sesame Ginger Salad \$8	12 No School Catholic Schools' Day	13
14	15 No School Louis Riel Day	16 Shrove Tuesday Pancake Lunch \$5	17 Vegetable Fried Rice & Spring Roll \$8	18 Mac & Cheese Veggies & Dip \$8	19 Mac & Cheese Veggies & Dip \$8	20
21	22 Chicken Alfredo \$8	23 Chicken Alfredo \$8	24 Pansit \$8	25 Pansit \$8	26 No School Staff Retreat & Planning Day	27
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