

ACADEMY

BISTRO



Breakfast

8:00 AM - 9:00 AM

BREAKFAST SANDWICH: \$4

Soft brioche bun, egg, ham and cheddar cheese.

SMOOTHIES: \$4

Mixed berries, yogurt and orange juice.

Mango, pineapple, kale and coconut milk.

YOGURT PARFAIT: \$3.50

Vanilla yogurt, berry compote and gluten free almond granola.

CROISSANT: \$2.50

Lunch

12:00 PM - 1:30 PM

BISTRO SANDWICH: \$5

In-house made pretzel bun, ham or turkey, lettuce, tomato and pickle.

GRILLED CHEESE AND OLD DUTCH CHIPS: \$5

CAESAR SALAD: \$5

ADD CRISPY OR GRILLED CHICKEN FOR \$3

Romaine lettuce, parmesan cheese, croutons and parmesan dressing.

HAND ROLL: \$3.50

Nori wrapped sushi rice, carrots, cucumber, red cabbage and green onion. Served with sriracha mayo and soya sauce.

FRENCH FRIES: \$4.50

DAILY LUNCH SPECIALS FOUND ON NEXT PAGE

Take Home Dinners

WEDNESDAY ONLY

PICK-UP BETWEEN 3:00 PM AND 5:00 PM

COST: \$28

May 5: Chicken Enchiladas Meal

May 12: Sri Lankan Vegetarian Meal

May 19: Perogy Meal

May 26: Butter Chicken Meal

Visit academybistro.ca/online-ordering to order and for pick-up instructions.

MAY 2021

SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Hudson Bagel Sandwich \$6	4 Taco Salad \$8	5 Taco Salad \$8	6 Chickpea Roti \$8	7 Chickpea Roti \$8	8
9	10 Panini Sandwich \$6	11 Pansit and Spring Rolls \$8	12 Pansit and Spring Rolls \$8	13 Chicken Fingers and Fries \$8	14 Chicken Fingers and Fries \$8	15
16	17 Club House Sandwich \$6	18 Grilled Fish, Rice Pilaf & Veggies \$8	19 Grilled Fish, Rice Pilaf & Veggies \$8	20 Tofu Pad Thai \$8	21 Tofu Pad Thai \$8	22
23	24 Victoria Day No School	25 Burger & Fries \$8	26 Burger & Fries \$8	27 Butter Chicken and Samosas \$8	28 Butter Chicken and Samosas \$8	29
30	31 Lox Bagel \$6	<p>Dinner for Two \$28.00</p> <p>May 5: Chicken Enchiladas Meal May 12: Sri Lankan Vegetarian Meal May 19: Perogy Meal May 26: Butter Chicken Meal</p>				